



Great Dames Peer Mastermind Groups

Are you looking to grow professionally, achieve personal goals and connect with some great new people in a professionally facilitated peer support group? Great Dames Peer Mastermind Groups are made up of people like you who are looking to connect, spur ideas and explore goals and aspirations. These groups meet once a month in a comfortable setting to cover topics designed to promote personal and professional development.

What is a Great Dames Peer Mastermind Group?

- The Peer Mastermind Groups are a warm and supportive close-knit community that meet monthly for learning, growth, and sharing. Members form meaningful bonds with a strong network of like-minded people.
- With the guidance of a professional coach, members explore values and purpose, clarify visions, explore personal aspirations, manage obstacles, and work toward goals with a focus on accountability. There are group check-ins and opportunities for individual members to enjoy scheduled time to work on specific objectives or issues, all with the group's support.
- In a group mastermind setting members are exposed to different perspectives and insights which are not readily available in day-to-day conversations. This type of focused communication acts as a personal think tank to help members brainstorm ideas and strategies.
- Group members will expand their networks and resources while being exposed to others' skill sets and prior experiences. This culminates in an exchange of beneficial information, important new connections, improved skills, and access to myriad resources.

How Does it Work?

- Small groups (up to 10 members) are being assembled in the Mid-Atlantic region, nationally and even globally. Since most groups meet virtually, women from our global community are welcome to apply to join.
- Groups meet once a month for 90 minutes in a confidential setting at a date/time that works best for the group.
- Participants enroll for a period one year at a time. Most members continue for several years.
- Groups are open to Great Dames CIRCLE members only (*Circle membership is included in the Peer Mastermind fee*)

Program Fees:

- Modest fee of only \$294 per year for 12 Peer Mastermind sessions + Circle membership
- If participant is already Circle member, the fee is only \$199.

Anatomy of a Peer Mastermind Meeting:

- Group Member Check-ins
- Special Discussion Topic
- Spotlight
- Close: Announcements, Next Meeting Plans. Etc.

Peer Mastermind Group (*sample discussion topics*):

- Intentions and Aspirations/Vision Boards
- Purpose and Meaning: Life/Values Mapping
- Identifying and Leveraging your Signature Strengths
- The Power of Feedback
- Assess Your Life-Wheel: Find true balance in life
- Communicating with Impact: Create your elevator speech
- Confidence, Influence, and Busting the Imposter Syndrome
- Resilience: Learning and Growth from Failure
- Crucial Conversations: Transform Conflict into Connection
- Self-Care for Leaders
- Women's Issues in the Workplace

Recent Testimonial:

"You have created a group that has had such a profound impact of amazing proportions, that you have made quite a mark in my world and the worlds of many others."

– Peer Mastermind Participant

For more info:

Contact us: Info@GreatDames.com

Apply: [GreatDames.com/programs/peer-mastermind-groups](https://www.GreatDames.com/programs/peer-mastermind-groups)

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